

Extended Treatment



Willingway

Willingway offers a comprehensive, seamless continuum of care that includes programs located in Statesboro close to the main Willingway campus.



MEN'S HOUSES: *Louie's House, The Lodge and Broad 90*

WOMEN'S HOUSES: *Lee Street, By the Grace and Womens' Residence*

EXTENDED RESIDENTIAL TREATMENT

Willingway's recovery residences provide a supportive, structured environment where individuals can build skills for living sober a day at a time. We often recommend extended treatment for inpatients when:

- ▶ It appears that their chances for recovery are increased by long term treatment; or
- ▶ The risk of returning to their previous living situation is such that their continued sobriety is threatened.

Located throughout Statesboro, the recovery houses are also a good option for those who could benefit from a recovery environment but do not require inpatient treatment.

Features of Extended Residential Treatment include:

- ▶ Gender Specific Programs
- ▶ Varying Levels of Accountability
- ▶ Lengths of stay from 90 days to 18 months
- ▶ Opportunities to return to work and school
- ▶ Group therapy
- ▶ Community service involvement
- ▶ Life skills classes

SOBER LIVING ENVIRONMENT

SLE Programs are designed for men and women who have a high level of motivation in developing a sober lifestyle as well as enough willingness to live within the structure and guidelines of the program. With only a moderate level of accountability required, individuals who demonstrate a continued positive attitude, motivation, and willingness, are able to earn privileges such as cell phones, vehicles, and family visits. Participants are required to obtain a job in order to be, at least in part, financially responsible for treatment.

- ▶ Tailored to meet individual needs both financial and clinical
- ▶ Work required to be financially responsible
- ▶ 90 days to 18 months
- ▶ Average length of stay is 12 months

WILLINGWAY OUTPATIENT

The Willingway Outpatient Program in Statesboro is our least intensive level of care, accessed directly from the community. Outpatient services include intensive outpatient programming consisting of individual, family, and traditional group therapy based on the identified needs of each patient.



CONTINUING CARE COMMUNITY GROUPS

Each patient discharged from one of our programs will receive aftercare recommendations. If a patient is returning home to an area that can access one of Willingway's many Continuing Care meetings, we highly encourage them to do so. These weekly meetings are facilitated by volunteers who are friends of Willingway, and there is never a cost to attend. They are the ideal place for anyone who is recovering from substance abuse or is a family member or friend of someone with an addictive illness. These groups are open to anyone, not only those who have been through Willingway.

All can receive support and encouragement from those that have travelled the road to recovery before them or who have experience, strength, and hope to share with others.



To make a referral 24/7 or for more information,
call **800-242-9455** or
visit **www.willingway.com**.