

Inpatient Treatment



Willingway

*Willingway is nationally recognized as a leader
in the field of addiction medicine with a full
continuum of care.*



MEDICAL DETOX

With over four decades of proven experience, we are the ideal care provider for **complex medical detox** cases. Our medical team has perfected a detox protocol that protects against seizures associated with symptoms of withdrawal so that patients can remain as comfortable as possible. Willingway is also highly regarded for our expertise in treating high-level methadone and suboxone addiction.

- ▶ Evidence-based Medicine
- ▶ ASAM certified addictionologist
- ▶ High staff to patient ratio

Patients begin their recovery in comfortable private rooms and baths with the individualized care of our physicians and nurses.

INPATIENT REHAB

The inpatient rehab program at Willingway provides the building blocks necessary for our patients learning how to live sober a day at a time. We use the 12-steps to confront the denial of substance abuse but do so in a loving, supportive, and home-like environment on our beautiful 11-acre campus. The intensive, individualized 4 – 6 week program incorporates a wide variety of therapeutic modalities by way of small group, large group, individual therapy, recreational therapy, 12-step meetings, physician lectures, and a 5-day Family Program.

Inpatient rehab includes:

- ▶ Gender-specific issue groups
- ▶ Spirituality and self-care groups
- ▶ Relapse prevention
- ▶ Private rooms and baths
- ▶ Home environment

We highly recommend that our patients' loved ones participate in the Family Program at the end of his or her stay. Though rehab can be a critical step in the road to healing, family and 12-step support after discharge is just as vital. While we set the stage for each individual's best chance at a happy and productive lifestyle after substance abuse, we know that ongoing recovery happens after treatment. We hope to help patients and their loved ones get started on that journey of hope and recovery.



SHORT-TERM INPATIENT REHAB

For those individuals who may not need the longer inpatient stay or whose life circumstances prevent them from doing so, we offer the option of our Short Term Rehab program.

The average length of stay for this program is approximately 2-4 weeks, but patients can still gain the full benefit of the Willingway experience with a targeted, comprehensive approach to recovery. Integration into 12-step recovery begins immediately as do additional educational groups and Coping Strategies Groups.

- ▶ Group therapy
- ▶ Relapse Prevention
- ▶ Spirituality and self-care
- ▶ Private rooms and baths
- ▶ 12-step recovery education and meetings
- ▶ Rational Emotive Behavior Therapy (REBT)



To make a referral 24/7 or for more information,
call **800-242-9455** or
visit **www.willingway.com**.