



## EMDR & Addictive Disorders

Substance Use // Eating Disorders // Self-Harm // Sex & Love Addiction  
& Working with Dissociation

The training will discuss EMDR Therapy utilized with those suffering with addictive disorders outlining case conceptualization and target sequencing with substance use disorders, eating disorders, self-harm, and love/sex addiction. The training will provide guidance in treatment planning for cross addiction and how to treat the core issues that lead to the development and maintenance of addictive disorders. Additionally, we will discuss how to work with dissociation when it is present (as it often is with addictive disorders).



**June 4 - 5, 2020**  
9:30am - 5:00pm  
Statesboro, GA

**12 NBCC CE Credits**  
**12 APA Credits**  
**12 EMDRIA Credits**

**\*EMDRIA APPROVED TRAINING\***

**\$495.00**

**\*EARLY BIRD DISCOUNT\***

**AVAILABLE UNTIL April 30, 2020**

**After April 30th - \$525.00**

Sponsored by:





## Training Topics

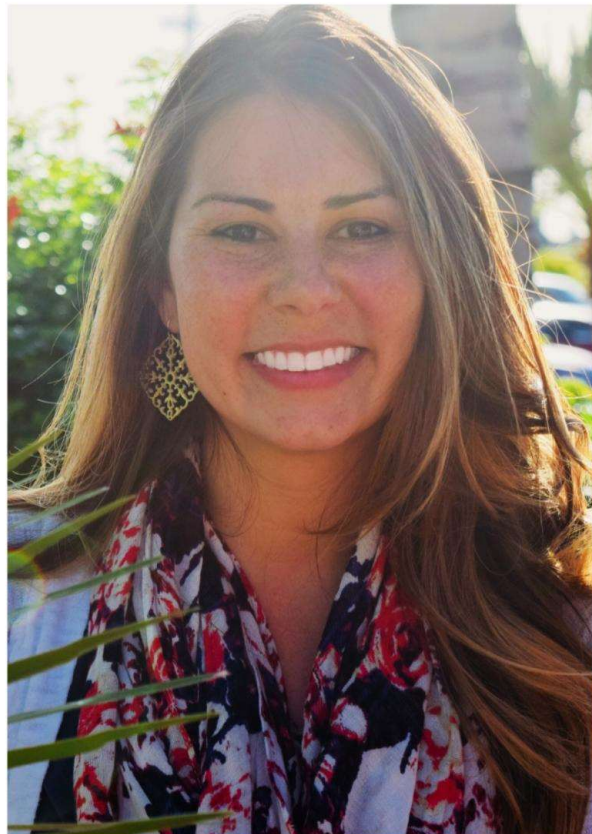
- The Progression of Substance Use
- Stabilization & Affect Tolerance
- Phases of Addiction
- Treatment Planning & Target Selection
- Understanding Cross Addiction
- Treating etiology & maintaining factors
- Addiction & Dissociation
- Addiction Protocols

## Lauren Day EMDRIA Approved Consultant

### About the Trainer

Lauren Day is an Advanced Education Institute Trainer who specializes in the treatment of eating disorders, substance use disorders, and EMDR Therapy. She has many years experience treating patients suffering with chemical dependency at the Residential and outpatient level. She developed an eating disorder program to treat patients suffering with co-occurring substance use disorders.

She has also held the role of Clinical Director at eating disorder facilities at all levels of care (Inpatient, Residential, Partial Hospitalization Program, and Intensive Outpatient). Lauren currently is completing her doctorate degree in counselor education as her primary passion is helping therapists become competent and confident in their clinical skills, especially when working with complex issues. Lauren obtained status as a Licensed Chemical Dependency Counselor (TX), a Licensed Professional Counselor (AZ & TX), a Certified Eating Disorder Specialist Supervisor, a Certified EMDR Therapist and an EMDRIA Approved Consultant. Lauren also facilitates an EMDRIA Approved EMDR Basic Training.



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