

Psychodrama101:

Warm-Up / Action / Sharing

This is an engaging workshop for clinicians to gain knowledge about Psychodrama, a group method of psychotherapy utilizing action methods. Together, we will explore the triadic system of Psychodrama which is warm-up, action, and sharing. This modality allows the therapist to facilitate clients beyond traditional talk therapy into a deeper exploration of issues and / or themes presented for therapy and seek to find new and adequate solutions to old problems or adequate solutions to new ones.

May 21, 2021

9am - Noon EST



Zoom Webinar

- 1. Participants will gain an understanding of Psychodrama as an action method of group psychotherapy.
- 2. Participants will learn the triadic system of Psychodrama which is warm-up, action, and sharing.
- 3. Participants will learn the importance of utilizing the triadic system for group psychotherapy.
- Participants will learn how Psychodrama can engage and enliven a group for greater participation in group therapy.

Registration

willingway.com/events

Info Contact

Mikki Reinke mreinke@willingway.com · 865.313.8743



