

## Chandelier

#### "April Showers Bring May Flowers"

While reaching rock bottom isn't a prerequisite for embarking on the path to treatment and recovery, it's often the consequences that serve as a wake-up call. Hitting bottom can be a paradoxical mix of the best and worst times: nobody wishes to endure the pain and suffering it entails, yet for some, it's the moment of realization that yesterday's coping mechanisms no longer suffice and that seeking help is imperative.

We cannot force someone into treatment, but we can offer unwavering support and encouragement. In today's landscape, where the perils of substance abuse are increasingly lethal, a passive stance on seeking help may lead to irreparable consequences. Moreover, while the spotlight often shines on the dangers of drugs like heroin and Fentanyl, the grim reality persists that alcohol claims more lives.

The time to seek assistance is now. For those treading the path of recovery, each day of sobriety brings the promise of blossoming into a new life. The rewards of recovery extend far beyond material wealth; they're about reclaiming self-respect and earning the esteem of others. Sobriety opens doors to employment opportunities and equips us to navigate life's challenges with resilience.

As April unfolds, it brings its own bouquet of flowers. At Willingway, April heralds the return of our annual Homecoming—an occasion to celebrate the journeys of recovery and the beacon of hope that Willingway represents. We eagerly anticipate the reunion of our alumni and their families, marking a joyous moment in the community.

Additionally, April will witness the grand reopening of the Fork, a cherished symbol of hope for countless individuals in the Statesboro community over the years.

Join us in commemorating these milestones and embracing the spirit of renewal and resilience.

David Gerber, M.Ed. CASAC, CEO



## Stay in touch! Willingway CaredFor app



## Alumni Night

Every Thursday 7:30-9:00pm 311 Jones Mill Road, Statesboro, GA Call 912-515-7103 for more info



### Want to share your recovery story?

Send us an email at: alumni@willingway.com

## Alumni News: Our alumni went to a Ghost Pirates Hockey game! We won 5-0!







Name: Kristie Hendrix

Position: LPN

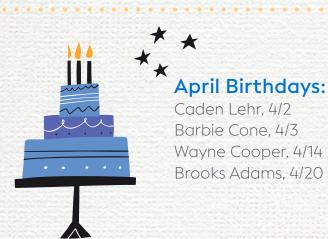
**Start Date: 3/3/2023** 

Tell us a little about your position: I am a licensed practical nurse, and some of my duties include administering medications, monitoring vital signs, and staying alert for signs/symptoms of withdrawal. I like to make sure my patients feel comfortable, supported, and well taken care of throughout their detox process, and I help them transition to their altered lifestyle. As a nurse you wear MANY HATS, and always must have your roller skates on.

Favorite part of your job? Working closely with my patients and seeing the progress they are making daily. I also enjoy talking with their family members and sharing their progress with them as well. I try to offer that extra comfort to my patients and family members. I treat each patient like a person as opposed to just a diagnosis. When you take time to let your patients know how much they matter and that they can overcome any addiction, welcoming them to the Willingway family at their lowest point, it gives them the strength, courage, and motivation to move forward.

Why did you choose Willingway? My Uncle Billy was a patient at Willingway in the late 1960's and worked for the Mooney's for over 56 years. When I was a little girl, he would always talk about how Willingway changed so many people's lives and what a wonderful place it was to work in. As a nurse, I knew I wanted to make a difference and help people overcome the impossible. So here I am helping patients overcome their addictions one day at a time.

Interesting fact about you? I am a people person who loves her job and her patients. I'm also the Ping-Pong Champion here at Willingway.



Tamala Brown, 4/28 Mat Young, 4/29 Stephen Outcault, 4/30



## Homecoming News: Friday:

- \* Lodge drop-in social hour, 5-6:30pm
- \* The Rez drop-in social hour, 5-6:30pm
- \* Pizza Party & Shirts at the Fork, 6:30-8:00pm
- \* Friday night speaker meeting at 8:00pm (Raymond S.)

#### Saturday:

- \* Al-anon speaker meeting, 10:30-11:30am (Catherine T.)
- \* Picnic at Willingway, 12:00pm
- \* Sharing Meeting, 2:00-3:00pm
- \* Ice cream social following sharing meeting

#### **Homecoming Registration:**

https://www.eventbrite.com/e/willingway-homecoming-2024-a-fork-in-the-road-tickets-808355632457

#### Room blocking info for Homecoming:

https://www.marriott.com/event-reservations/reservation-link.mi?id=1706320246059&key=GRP&app=resvlink

# We're Growing! Augusta IOP: Coming Soon

We had a blast opening our new OP location in Augusta!
1225 Augusta West Parkway
Augusta, GA, 30909



## Coming soon: Jacksonville OP Location

4100 Southpoint Dr E, Unit 1 Jacksonville, FL, 32216 SPRING 2024





### **Continuing Care Community Support Groups**

Continuing Care provides a supportive and welcoming community to people in addiction recovery, their family members, and their close friends. It is a safe place to land, to talk about your experiences, and to find ways to become connected to 12-step recovery.

#### **Zoom Meetings**

#### Atlanta, GA - Robby Carroll

Tuesday at 6:30 PM

Meeting ID: 851 3786 4879

Password: 837591

Robby Carroll 404-216-3882

Thursday at 6:00 PM

Meeting ID: 883 0477 9288

Password: 545307

Robby Carroll 404-216-3882

Pines Adolescent Families Welcome

#### Macon, GA - Tracy Miller

Willingway Continuing Care meets on Monday evenings at 6:30 at Centenary Methodist Church 1280 College Street.

The meeting will be held in person and on Zoom.

Meeting ID: 858 8774 8270

Password: Recovery

Tracy Miller 478-960-3863

#### Jacksonville, FL John and Cathy Roberts

Monday at 6:00 PM Meeting ID: 996 758 129

Password: 1234

John Roberts 904-463-1246

#### Augusta, GA - Paula Wood

Saturday at 10 AM

Meeting ID: 945 7406 1339

Password: 714168

Paula Wood 706-664-9672

#### **In-Person Meetings**

#### Charleston, SC - Rhett Crull

Monday at 6:30 PM Church of the Holy Cross 299 Seven Farms Drive Daniel Island, SC Rhett Crull 843-323-7111

#### Raleigh, NC - Charlie Wagner

Mondays 7:30-8:45 PM St John's Baptist Church 1615 Oberlin Rd # A, Raleigh, NC 27608 Accessed from a parking lot on the rear of the building off Chester Road. Charlie Wagner 919-349-6269

#### St. Simons - Joel Mills

Saturday at 6:30 PM The Club House 1501 Demere Road St Simons Island, GA 31522 Joel Mills 912-617-6385

#### Jacksonville, FL John and Cathy Roberts

Tuesday at 6:00 PM Palms Presbyterian Church 3410 Third Street South Jacksonville Beach, FL 32250 John Roberts 904-463-1246

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### **Zoom Meetings**

#### Columbia, SC - Michael Byrd

Not Currently Active Michael Byrd 803-381-7491

#### Raleigh, NC - Charlie Wagner

Mondays 7:30 - 8:45 PM Meeting ID: 885 4336 3501 Passcode: Willingway

#### **In-Person Meetings**

#### Augusta, GA - Paula Wood

Saturday at 10 AM Covenant Presbyterian Church 3131 Walton Way Augusta, GA 30904 Paula Wood 706-664-9672

#### Macon, GA - Tracy Miller

Monday at 6:30 PM Centenary Church 1280 College Street Tracy Miller 478-960-3863

For more information about continuing care, please contact alumni@willingway.com.

