

## Augusta Outpatient Services

## Outpatient Treatment Program

Experience relief and reclaim your life with Willingway's outpatient treatment program. Our Augusta team of PhD and experienced clinicians is dedicated to helping adults overcome substance use challenges and rebuild their lives. Whether you're facing strained relationships, legal issues, financial troubles, or workplace difficulties, our tailored approach can guide you towards a brighter future. Take the first step towards recovery today.

## Our Adult Outpatient Program includes:

- Outpatient assessments and treatment for substance use disorder
- Intensive Outpatient Program 3 days per week, 3 hours daily
- X Drug Screens
- Trauma-Informed Therapy
- Individual, Group, & Family Therapy
- Education & Community Outreach
- Evidence-Based Practices
- SMART Techniques (Self-Management and Recovery Training)
- Know Better-Live Better (Focus on Health, Wellness, & Nutrition)
- ▼ Veteran-Specific Groups
- Virtual IOP Groups
- Coordination & Collaboration with Outside Resources



Dr. Tamala P. Brown

Director of Outpatient Services

