# Willingway Welcome to Willingway!

Welcome to our community! We're thrilled to have you with us, and we hope this becomes a place where you feel right at home. Even if the decision to join wasn't entirely yours, it's a testament to the caring individuals who stepped in when you needed support. Big shoutout to everyone involved in bringing you to our program - you're in good hands!



Celebrating over five decades of compassionate care, Willingway is your beacon of hope in the realm of substance abuse treatment. Our 50 years of unwavering dedication and experience will empower you with the tools and skills essential for the uplifting journey toward addiction recovery. Consider this your starting point for a brighter, healthier future. You've got the strength within, and we're here to guide you with positivity and support every step of the way!

A few things to remember during your admission process. Our address is 311 Jones Mill Rd., Statesboro, GA 30458. If you are entering from Veterans Memorial Hwy, you will go to the 2nd entrance on your right after the pond. If you are entering from Coach Lee Hill Blvd, you will use the first entrance on your left before the pond. Keep left once you get to the building. There is a covered entrance with two double doors; this is where you will ring the doorbell and be greeted by our committed staff. Once you walk through the doors, you will begin the admissions process. Please remember that sometimes there may be multiple admissions taking place at one time. We will do our very best to keep your wait short as we know how important this time is for you.



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Once admitted, you will be assigned a counselor. A family member, agreed upon by client and counselor, will be contacted within 72 hours of admission. Your counselor will set up a time that works for the family member to provide them with weekly updates. Family sessions will take place during the last week of treatment.

## Packing List

1. Clothing for 1 week. We suggest 7 to 10 outfits. We have a laundry service that will do the laundry once a week. We do not provide dry cleaning or ironing services. See below for appropriate clothing. All clients have climate-controlled private rooms.

**2.** Toiletry items, new and unopened containers with enough product to last throughout treatment. Yes, our clients can have razors.

3. Bathing suit and sandals or flip-flops. We have an indoor pool for use every other day.

**4.** Tobacco products to last throughout treatment. Cigarettes and tobacco chew ONLY. No vapes.

5. A picture ID.

6. A prepaid credit/gift card for a minimum of \$200. If you are a smoker, we recommend a \$350 card. Clients who do not have a prepaid card will NOT be able to make any purchases, including tobacco products, stamps to write letters, or any items from our in-house store. Note: If you bring a credit or debit card, you can purchase a prepaid gift card for \$200 at our facility.

7. All medications.

8. Your insurance card(s). For cases in which we are pursuing insurance, there is no guarantee of certification or approval from your insurance company. We will pursue approval; we even go through the 'appeals process' to exhaust all means to try to get them to approve your stay. More and more we are seeing plans that approve at the "Partial" level. If this happens for you, you will be responsible for lodging fees at \$150 per day. In essence, this means that your insurance company is denying inpatient treatment, and WW is working with you by accepting "Partial" (which is really an outpatient level of care) + \$150 per day for your overnight stay. This is sometimes termed "Partial with Room and Board". Note: Under this arrangement, Cigna and United Healthcare REQUIRE their clients to be housed off site.





## **Facility Rules**

**1.** Do not bring outside food. We serve 3 hearty meals each day, and each unit is stocked with snack items.

- 2. Do not bring blankets or pillows. We provide all bedding.
- 3. Do not bring weapons or firearms onto property.

**4.** Clients will have no phone calls or visitors while in treatment. Family sessions are done during the last week of treatment.

**5.** Families, please call 1-912-764-6236 option 2 then 3 to get updates on your loved one. We can only speak with persons on the patient's contact list.

6. Do not drive yourself to Willingway. We do not have parking at WW for client vehicles.

7. In order to achieve successful sobriety, it is essential you remain in treatment for the length of stay agreed upon at the time of admission. If you decide to leave early and the medical staff determines that is not safe for you to discharge or it is "against staff advice," you will be charged a \$500 administrative fee.

# Appropriate Clothing

- Slacks or neat jeans
- Bermuda shorts or walking shorts of reasonable length
- Shirts must be worn at all times (t-shirts or button-ups; please be modest)
- Appropriate undergarments, including bras, MUST be worn
- Shoes must be worn at all times outside the patient rooms
- ID bracelets or name tags required
- Women's swimsuits must be one-piece style (tankinis are acceptable if appropriate)
- Men's suits should be the traditional "swim trunks"
- Swimsuits should be covered when traveling to and from the pool or outside

## Inappropriate Clothing

- Leggings, unless worn with a long top
- Short shorts, stretch-type exercise shorts, or cutoffs
- Cutoff t-shirts, tank tops, halter, bare midriff (torso) or see-through tops
- Mini skirts or mini dresses
- Clothing alluding to alcohol, drugs, and sex (these are not conducive to recovery)
- Tightly fitted clothing
- Sunglasses worn indoors

If you have any questions, please call or email us.



## Continuing Care Community Support Groups

#### Zoom Meetings

#### Atlanta, GA - Robby Carroll

Tuesday at 6:30 PM Meeting ID: 851 3786 4879 Password: 837591 Robby Carroll 404-216-3882

Thursday at 6:00 PM Meeting ID: 883 0477 9288 Password: 545307 Robby Carroll 404-216-3882 *Pines Adolescent Families Welcome* 

#### Macon, GA - Don Wilkinson

Willingway Continuing Care meets on Monday evenings at 6:30 at Centenary Methodist Church 1280 College Street. The meeting will be held in person and on Zoom. Meeting ID: 875 4820 5509 Password: Recovery Don Wilkinson 478-538-3863

#### Jacksonville, FL John and Cathy Roberts

Monday at 6:00 PM Meeting ID: 996 758 129 Password: 1234 John Roberts 904-463-1246

#### Augusta, GA - Paula Wood

Saturday at 10 AM Meeting ID: 945 7406 133 Password: 714168 Paula Wood 706-664-9672

#### Columbia, SC - Michael Byrd

Not Currently Active Michael Byrd 803-381-7491

#### Raleigh, NC - Charlie Wagner

Mondays 7:30 - 8:45 PM Meeting ID: 885 4336 3501 Passcode: Willingway

#### **In-Person Meetings**

#### Charleston, SC - Rhett Crull

Monday at 6:30 PM Church of the Holy Cross 299 Seven Farms Drive Daniel Island, SC Rhett Crull 843-323-7111

#### Raleigh, NC - Charlie Wagner

Mondays 7:30-8:45 PM St John's Baptist Church 1615 Oberlin Rd # A, Raleigh, NC 27608 Accessed from a parking lot on the rear of the building off Chester Road. Charlie Wagner 919-349-6269

#### St. Simons - Joel Mills

Saturday at 6:30 PM The Club House 1501 Demere Road St Simons Island, GA 31522 Joel Mills 912-617-6385

#### Jacksonville, FL John and Cathy Roberts

Tuesday at 6:00 PM Palms Presbyterian Church 3410 Third Street South Jacksonville Beach, FL 32250 John Roberts 904-463-1246

#### Augusta, GA - Paula Wood

Saturday at 10 AM Covenant Presbyterian Church 3131 Walton Way Augusta, GA 30904 Paula Wood 706-664-9672

#### Macon, GA – Don Wilkinson

Monday at 6:30 PM Centenary Church 1280 College Street Don Wilkinson 478-538-3863

For more information about continuing care, please contact alumni@willingway.com.

# Willingway Continuing Care Community

Welcome to Willingway's Continuing Care community – a warm and embracing space where individuals returning home from treatment, as well as their supportive family members and friends, find solace and connection. We understand the challenges of building a new life after treatment and the importance of a supportive network to guide the way.



## Jacksonville Beach

John & Cathy Roberts of Willingway Continuing Care will hold Zoom and in-person meetings.

Monday nights @ 6pm on Zoom Join code: 996-785-129 Password: 1234

Tuesday nights @ 6pm in person Palms Presbyterian Church 3410 3rd St. S. Jacksonville Beach, FL 32250 Meeting will be held upstairs in the church office building, room 202.



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# Levels of Care

### Detoxification

- 24/7 Medical staff with addictionologist on-site
- Methadone Detox (upwards of 400 mg)
- Individual and family therapy

### Residential and Partial Hospitalization Program

- 4 to 6 weeks of residential treatment (short-term program available)
- Private rooms and bathrooms
- Individual and group therapy
- Individualized treatment planning

## **Outpatient Treatment**

- Intensive Outpatient Program with 9+ hours of clinical programming
- Relapse education through group and individual therapy
- Education in interpersonal relationships, coping mechanisms, and relaxation skills
- Local housing option through our extended care program if needed

## **Extended** Treatment

- Six-month commitment (up to 18 months)
- Life skills, job training, and collegiate program and support available
- 12-Step community recovery program
- Separate male and female housing



For more information about our program or for a free assessment, call Willingway at 800-242-9455 or visit willingway.com.



