

Outpatient Treatment Program for Adults with Substance Use Disorder

Willingway-Jacksonville offers a comprehensive treatment program for adults dealing with substance use disorder. Willingway has a history of over 50 years of providing successful treatment. Our team of experienced professionals provides a foundation of hope and recovery.



LEVELS OF CARE

Intensive Outpatient
Typically 3 days per week, 3 hours a day
Individual and group sessions

Outpatient
Typically 2 days per week, 1 hour a day
Individual and group sessions

Length of stay will be determined by the client's needs and goal attainment.

How to refer

Our admissions team is available to do free assessments and admissions 24 hours a day, 7 days per week. Call us at 800-242-9455 or fax referrals to 912-480-6260.





Outpatient Treatment Services

- Individualized treatment planning
- Individual, group, and family therapy
- Skill-building in reducing anxiety, depression, and anger
- Skill-building in sober leisure activities
- Drug screening
- Evidence-based practices
- Trauma-informed care
- Coordination and collaboration with outside resources
- Access to internal support groups
- Introduction to 12-Step, SMARTRecovery, and Celebrate Recovery
- Review of daily life factors that aid in long-term recovery using evidence-based technology
- Relapse prevention drop-in group
- Access to Willingway Alumni and Continuing Care Groups

You have tried your way, why not try Willingway!

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