



MAY 2024

Chandelier



As May unfolds, we usher in National Mental Health Awareness Month, a period designated for contemplation of the intricate interplay between substance use disorders and mental health. Within this dynamic, envision anxiety, depression, and bipolar disorder coalescing with substance use, akin to a vibrant dance gathering where individuals seek their rhythm amidst the turmoil. For many, substances emerge as a preferred partner in navigating these turbulent emotions. Yet, a crucial realization surfaces: the more we rely on substances to manage our feelings, the louder the accompanying cacophony becomes as our brains amplify the belief that substances hold the solution, forsaking their innate ability to regulate emotions autonomously.

However, rest assured, at Willingway, we present a comprehensive remedy to alter this tune. Our proficient team stands ready not only to initiate your journey toward recovery but also to furnish you with invaluable coping mechanisms. Enter Cognitive Behavioral Therapy (CBT), a therapeutic intervention conducted thrice weekly, akin to a virtuoso DJ in the realm of mental health, orchestrating melodies that facilitate the identification and transformation of detrimental thoughts into constructive ones. Supported by our exceptional staff, we endeavor to reverse the cycle of pessimism, empowering you to reassess your values and priorities. Consequently, diminished negativity translates into reduced cravings for substances—a truly remarkable feat!

But there's more! Our commitment extends beyond addressing substance use disorders; we extend unwavering support across the spectrum of mental health challenges. Life's symphony comprises a diverse array of compositions, from anthems to elegies, and we pledge to accompany you through every melody.

Thus, let us collectively aspire towards tranquility, clarity, and a steadfast commitment to sobriety throughout this month.

Moreover, as we commemorate National Nurse Appreciation Week, let us extend heartfelt gratitude to our remarkable nurses. You serve as the rhythmic backbone of the Willingway ensemble, maintaining a steady cadence and nurturing our spirits. Your unwavering dedication enriches us all, and we are profoundly grateful for your invaluable contributions.

David Gerber, M.Ed. CASAC, CEO



Stay in touch! Willingway CaredFor app



Alumni Night

Every Thursday

7:30-9:00pm

311 Jones Mill Road, Statesboro, GA

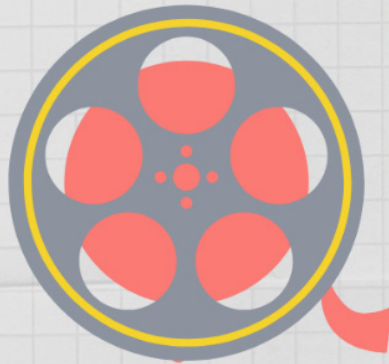
Call 912-515-7103 for more info



Want to share your recovery story?

Send us an email at: alumni@willingway.com

Movie Day 5/18 @ 1pm

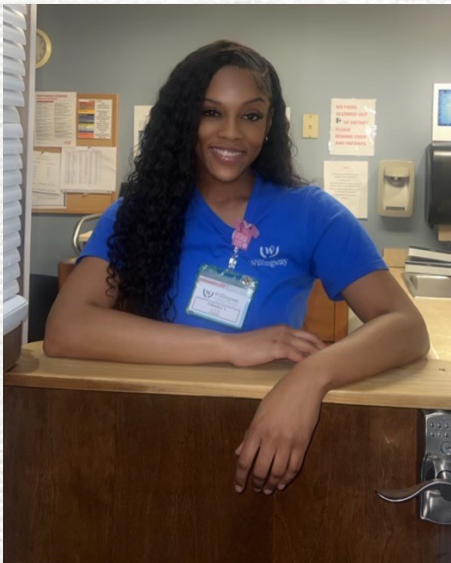


THE FALL
GUY
MAY 18TH
@ 1:00PM

OUT
AT THE
MOVIES



Text 912-515-7103 to reserve
your spot. 20 spots
available!



★ EMPLOYEE SPOTLIGHT

Name: Ty Tann, LPN

Position: LPN

Start Date: 7/6/2023

Tell us a little about your position: I am a licensed practical nurse with a Bachelor of Science in psychology. Some of my duties include administering medications, monitoring vital signs, and staying alert for signs/symptoms of withdrawal. I like to make sure my patients feel comfortable, supported, and well taken care of throughout their detox process and help them transition to their altered lifestyle.

Favorite part of your job? My favorite part of my job is seeing the patients transform into a better version of themselves throughout the program.

Why did you choose Willingway? I chose Willingway because I wanted to explore the mental health and substance abuse side of nursing.

Interesting fact about you? One interesting thing about me is that I served 6 years in the military as a combat engineer.

Homecoming Recap:



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May Birthdays:

Ashley Faulkenberry, 5/1
David Suggs, 5/4
Melissa Beasley, 5/9
Mylene Sutton, 5/16
Laura Best, 5/17
Tashya Cash, 5/19
Dawn Nutting, 5/22
Lanita Royals, 5/24

We're Growing! **Augusta IOP**

1225 Augusta West Parkway
Augusta, GA, 30909



Coming soon: **Jacksonville OP Location**

4100 Southpoint Dr E, Unit 1
Jacksonville, FL, 32216



Continuing Care Community Support Groups

Continuing Care provides a supportive and welcoming community to people in addiction recovery, their family members, and their close friends. It is a safe place to land, to talk about your experiences, and to find ways to become connected to 12-step recovery.

Zoom Meetings

Atlanta, GA - Robby Carroll

Tuesday at 6:30 PM
Meeting ID: 851 3786 4879
Password: 837591
Robby Carroll 404-216-3882

Thursday at 6:00 PM
Meeting ID: 883 0477 9288
Password: 545307
Robby Carroll 404-216-3882
Pines Adolescent Families Welcome

Macon, GA - Tracy Miller

Willingway Continuing Care meets on Monday evenings at 6:30 at Centenary Methodist Church 1280 College Street.
The meeting will be held in person and on Zoom.
Meeting ID: 858 8774 8270
Password: Recovery
Tracy Miller 478-960-3863

In-Person Meetings

Charleston, SC – Rhett Crull

Monday at 6:30 PM
Church of the Holy Cross
299 Seven Farms Drive
Daniel Island, SC
Rhett Crull 843-323-7111

Raleigh, NC – Charlie Wagner

Mondays 7:30-8:45 PM
St John's Baptist Church
1615 Oberlin Rd # A,
Raleigh, NC 27608
Accessed from a parking lot on the rear of the building off Chester Road.
Charlie Wagner 919-349-6269

Jacksonville, FL
John and Cathy Roberts

Monday at 6:00 PM
Meeting ID: 996 758 129
Password: 1234
John Roberts 904-463-1246

Augusta, GA – Paula Wood

Saturday at 10 AM
Meeting ID: 945 7406 1339
Password: 714168
Paula Wood 706-664-9672

Columbia, SC – Michael Byrd

Not Currently Active
Michael Byrd 803-381-7491

Raleigh, NC – Charlie Wagner

Mondays 7:30 - 8:45 PM
Meeting ID: 885 4336 3501
Passcode: Willingway

St. Simons – Joel Mills

Saturday at 6:30 PM
The Club House
1501 Demere Road
St Simons Island, GA 31522
Joel Mills 912-617-6385

Jacksonville, FL
John and Cathy Roberts

Tuesday at 6:00 PM
Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, FL 32250
John Roberts 904-463-1246

Augusta, GA – Paula Wood

Saturday at 10 AM
Covenant Presbyterian Church
3131 Walton Way
Augusta, GA 30904
Paula Wood 706-664-9672

Macon, GA – Tracy Miller

Monday at 6:30 PM
Centenary Church
1280 College Street
Tracy Miller 478-960-3863

*For more information about
continuing care, please contact
alumni@willingway.com.*

