



# Willingway

## Detox, Residential, and Extended Treatment

With a history of over 50 years of successful addiction treatment and recovery, our team of medical experts and clinicians provides a safe medical detox and the foundation of hope and recovery. Services include detox, residential, intensive outpatient, and extended treatment for substance use and co-occurring disorders.

50 Years of Excellence



## Our approach

- Trauma-informed care using evidence-based practices focused on 12-Step philosophy
- Competency in treating co-occurring mental health diagnoses
- Gender-specific groups
- Individual and family therapy
- Collaborative discharge planning with community partners
- Willingway continuing care meetings for families and alumni

## Programming includes

- Indoor pool and gym equipment
- 11-acre wooded campus
- Mindfulness
- 12-Step programming
- Cognitive Behavioral Therapy (CBT)
- Rational Emotive Behavioral Therapy (REBT)
- Living in Balance®
- Psychoeducation
- Gorski Relapse Prevention
- Extended treatment services for men and women with an optional extension up to 2 years



Call our admissions team at 800-242-9455  
or fax referrals to 912-480-6260. [Willingway.com](http://Willingway.com)



# Levels of Care

## Detoxification

- 24/7 Medical staff with addictionologist on-site
- Methadone Detox (upwards of 400 mg)
- Individual and family therapy

## Residential and Partial Hospitalization Program

- 4 to 6 weeks of residential treatment (short-term program available)
- Private rooms and bathrooms
- Individual and group therapy
- Individualized treatment planning

## Outpatient Treatment

- Intensive Outpatient Program with 9+ hours of clinical programming
- Relapse education through group and individual therapy
- Education in interpersonal relationships, coping mechanisms, and relaxation skills
- Local housing option through our extended care program if needed

## Extended Treatment

- Six-month commitment (up to 18 months)
- Life skills, job training, and collegiate program and support available
- 12-Step community recovery program
- Separate male and female housing



For more information about our program or for a free assessment, call Willingway at 800-242-9455 or visit [willingway.com](http://willingway.com).

