

CEO Corner

Welcome to November! We are entering the holiday season. For those engaged in the lifestyle of use, holidays are likely a nightmare. For those new to recovery, holidays can serve as a trigger. The combination of natural urges, cravings and temptations when mixed with often unstable family dynamics can be overwhelming. How do we overcome it? The answer frequently comes in a combination of popular 12-step slogans and the meaning behind the Thanksgiving holiday: "Put gratitude in your attitude." And "A grateful alcoholic/addict never picks up." Gratitude is an action word. When we practice gratitude, we have less desire to medicate other negative feelings. Conversely, those in recovery who lack gratitude are more prone to giving it away. Thanksgiving is more than a good meal and some football games. For those in recovery (and everyone really) Thanksgiving is optimally a time to give and receive thanks. Sobriety is a gift. When we take the time to give and receive thanks and gratitude to others, it strengthens and solidifies our bond to recovery. If you are nervous about the holidays and your sobriety, remember this: The only urge that lasts forever is the one you give into. This Thanksgiving we here at Willingway wish that your hearts may be overflowing with gratitude. We wish you all a safe, sober, and peaceful Thanksgiving. Pray for strength for those currently in treatment at Willingway and everywhere that the sacrifice they make by being in treatment for this holiday is so that they can be present for every Thanksgiving in the future. For over 50 years, Willingway has been dedicated to those struggling with addiction. We are honored and have gratitude for the trust thousands have put in our hands to initiate the journey of recovery, restoring hope, reuniting families and helping the development of lives with renewed meaning and purpose.

David Gerber
CEO, Willingway

Alumni News:

Recap of our Trunk or Treat on 10/30/24



Employee Spotlight

Name: Cedrick Parks
Position: Lead Recovery Tech
Start Date: 5/8/2019

Tell us a little about your position:

As the Tech Supervisor, I provide training and direction for all BHT's. Although my primary job is supervising, I get to spend plenty of time with the patients, and I'm often the first person to meet them during the admission process.

Favorite part of your job?

Being in recovery myself, my favorite part of the job is being able to see how much progress our clients make during their time here. Seeing them have their breakthrough moments is always rewarding.

Why did you choose Willingway?

When I first moved to Statesboro, I didn't know anything about Willingway, but the extended treatment program I attended often spoke of the facility and had a few clients that had previously detoxed here. I made a commitment when I got sober that I would work at a facility that provided the care I was given in my time of need.

Interesting fact about you?

A few interesting facts about me are that I'm a home chef, and my favorite food is crab legs, and I can crack and eat them faster than anybody I know. I aspire to compete in a crab leg eating challenge one day. Lol. I also enjoy dancing and making TikTok videos in my spare time.



We're Growing!

Augusta IOP: Coming Soon

1225 Augusta West Parkway
Augusta, GA 30909

Jacksonville OP Location: Open Now!

4100 Southpoint Dr. E, Unit 1,
Jacksonville, FL 32216



November Birthdays:



Melanie Stevens 11/19
Wilson Paul 11/4
Sarah Bridges 11/15
Tykeria Tann 11/9

Stay in touch!

Willingway CaredFor App

Alumni Night

Every Thursday
7:30 - 9:00 pm
311 Jones Mill Road, Statesboro, GA
Call: 912-515-7103 for more info

Want to share your recovery story?

Shoot us an email at: alumni@willingway.com



Continuing Care Community Support Groups

Continuing Care provides a supportive and welcoming community to people in recovery from addiction, their family members, and their close friends. It is a safe place to land, to talk about your experiences, and to find ways to become connected to 12-step recovery. Continuing Care support groups are not a substitute for AA, NA, or Al-Anon, but they offer a point of connection designed to give the returning client direction for finding and engaging in local recovery organizations.

St. Simons Group:

Name: Joel Mills
Phone number: 912-617-6385
Email: jvmssi@me.com
Saturday at 6:30pm
The Club House
1501 Demere Road
St Simons Island, GA 31522

Atlanta Group:

Name: Robby Carroll
Phone number: 404-216-3882
Email: carrollrobby@gmail.com
Tuesday at 6:30pm
Zoom Meeting ID: 851 3786 4879
Password: 837591
Thursday at 6:00pm
Zoom Meeting ID: 883 0477 9288
Password: 545307

Augusta, GA:

Name: Paula Wood
Phone number: 706-664-9672
Saturday at 10am
Covenant Presbyterian Church
3131 Walton Way
Augusta, GA 30904
Zoom Meeting ID: 896 8113 8410
Password: 174257

Charleston Group:

Name: Rhett Crull
Phone number: 843-323-7111
Email: crull.rhett@gmail.com
Monday at 6:30pm
Church of the Holy Spirit
299 Seven Farms Rd.
Daniel Island, SC 29492

Raleigh Group:

Name: Charlie Wagner
Phone number: 919-349-6269
Email: mail4youcw@gmail.com
Mondays 7:30pm
St John's Baptist Church
1615A Oberlin Rd.
Raleigh, NC 27608
Zoom Meeting ID: 885 4336 3501
Passcode: Willingway

Macon Group:

Name: Tracy Miller
Phone number: 478-960-4574
Email: tracytmiller58@gmail.com
Monday at 6:30pm
Centenary Church
1290 College St.
Macon, GA 31201
Zoom Meeting ID: 858 8774 8270
Passcode: Recovery

Jacksonville / Jacksonville Beach Group:

Name: John Roberts and Cathy Roberts
Phone number: John 904-463-1246
Cathy 904-463-5200
Monday at 6:00pm
Zoom Meeting ID: 996 758 129
Password: 1234

Tuesday at 6:00pm
Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, FL 32250
Education/Office Bldg. (north side of campus)
Room 202

For more information about continuing care, please contact alumni@willingway.com.