

# CHANDELIER

## **CEO Corner**

## **APRIL 2025**

Doing the Right Thing Isn't Always Easy, but It's Always Right

For many, getting sober is the hardest thing they will ever do. In early recovery, everything around us serves as a trigger. Countless decisions are made every day, and these decisions either take us in the direction of our next drink or drug or help us move further away from substance use. Make no mistakes about it, we have the power of choice today.

Everyone's journey in recovery may be a little bit different, but I believe there are also things that are common in everyone's recovery. We experience stress points, roadblocks, and obstacles. These things represent opportunities to charge forward or move backward. Recently, I was running a group for our patients at Willingway. A gentleman shared that he was expected to go to a family wedding. He knew that going to that wedding would put his early recovery at risk. The decision was difficult. Ultimately, he chose to stay in treatment and said his recovery was more important.

Early recovery requires us to pay attention to the literally thousands of choices we have to make every day. If we don't make choices to support our recovery, we threaten the fragility of our newfound sober life. The difficult choices, doing the right things become easier the longer we stay sober.

As spring approaches, we start thinking of beaches, barbeques, and family gettogethers. All may serve as reminders of our drinking and drugging days. Take care of your recovery. Be good to yourself and those around you who are supportive of your sobriety. Allow yourself to be open and vulnerable when you are struggling and reach out for help. Do the right thing, because it's always right.

Come to our Homecoming on April 25th and 26th. Be among the hundreds of people who return to Willingway to reconnect, celebrate, and rejuvenate their choice to stay sober. We look forward to seeing you!

David Gerber CEO, Willingway

## Homecoming 2025 is just around the corner!

Be sure to RSVP on our Facebook page, Eventbrite, or email!





**Stay in touch!** Willingway CaredFor App

Alumni Night Every Thursday 7:30 - 9:00 pm 311 Jones Mill Road, Statesboro, GA Call: 912-515-7103 for more info

Want to share your recovery story? Shoot us an email at: alumni@willingway.com



# **Employee Spotlight**

Name: Rebekah Waters Position: RN (night shift) Start Date: 8/19/2024

## Tell us a little about your position:

I work as an RN on night shift, usually on Unit 1.

## Favorite part of your job?

Seeing the patients make progress. I love talking to patients and seeing that what they are learning here makes sense.

## Why did you choose Willingway?

Addiction runs in my family. Before starting here, I cared for my dad, who was an addict, until he passed away. It was one of the most difficult things I've had to do, and the main reason was that no one would listen to him or take him seriously because of his history. After he passed, I wanted to help people like him have a voice. Every single person deserves love and kindness, and I want to make sure our patients feel that while they are at their most vulnerable.

### Interesting fact about you?

I am an avid dog lover, with 4 babies of my own, and I literally cannot pay attention to anything if a dog is near me.



# **April Birthdays:**

Sarah H. (LPN), 4/1 Caden L. (BD Lead), 4/2 Barbie P. (BHA), 4/3 Sydna D. (Driver), 4/6 Wayne C. (Counselor), 4/14 Ashlyn S. (Admin Assistant), 4/17 Brooks A. (BD Rep), 4/20 Tamala B. (Director OP Augusta), 4/28 Stacey C. (Nurse Practitioner), 4/28 Mathew Y. (HR Director), 4/29 Stephen O. (Case Manager), 4/30



# **Continuing Care Community Support Groups**

Continuing Care provides a supportive and welcoming community to people in recovery from addiction, their family members, and their close friends. It is a safe place to land, to talk about your experiences, and to find ways to become connected to 12-step recovery. Continuing Care support groups are not a substitute for AA, NA, or Al-Anon, but they offer a point of connection designed to give the returning client direction for finding and engaging in local recovery organizations.

### St. Simons Group:

Name: Joel Mills Phone number: 912-617-6385 Email: jvmssi@me.com Saturday at 6:30pm The Club House 1501 Demere Road St Simons Island, GA 31522

### **Atlanta Group:**

Name: Robby Carroll Phone number: 404-216-3882 Email: carrollrobby@gmail.com Tuesday at 6:30pm Zoom Meeting ID: 851 3786 4879 Password: 837591

Thursday at 6:00pm Zoom Meeting ID: 883 0477 9288 Password: 545307

#### Augusta, GA:

Name: Paula Wood Phone number: 706-664-9672 Saturday at 10am Covenant Presbyterian Church 3131 Walton Way Augusta, GA 30904 Zoom Meeting ID: 896 8113 8410 Password: 174257

### **Charleston Group:**

Name: Rhett Crull Phone number: 843-323-7111 Email: crull.rhett@gmail.com Monday at 6:30pm Church of the Holy Spirit 299 Seven Farms Rd. Daniel Island, SC 29492

#### Raleigh Group:

Name: Charlie Wagner Phone number: 919-349-6269 Email: mail4youcw@gmail.com Mondays 7:30pm St John's Baptist Church 1615A Oberlin Rd. Raleigh, NC 27608 Zoom Meeting ID: 885 4336 3501 Passcode: Willingway

#### Macon Group:

Name: Tracy Miller Phone number: 478-960-4574 Email: tracytmiller58@gmail.com Monday at 6:30pm Centenary Church 1290 College St. Macon, GA 31201 Zoom Meeting ID: 858 8774 8270 Passcode: Recovery

#### Jacksonville /Jacksonville Beach Group:

Name: John Roberts and Cathy Roberts Phone number: John 904-463-1246 Cathy 904-463-5200 Monday at 6:00pm Zoom meeting ID: 996 758 129 Password: 1234

Tuesday at 6:00pm Palms Presbyterian Church 3410 Third Street South Jacksonville Beach, FL 32250 Education/Office Bldg. (north side of campus) Room 202

For more information about continuing care, please contact alumni@willingway.com.