

CEO Corner

“There Is No Traffic Jam on the Extra Mile.”

-Peyton Manning

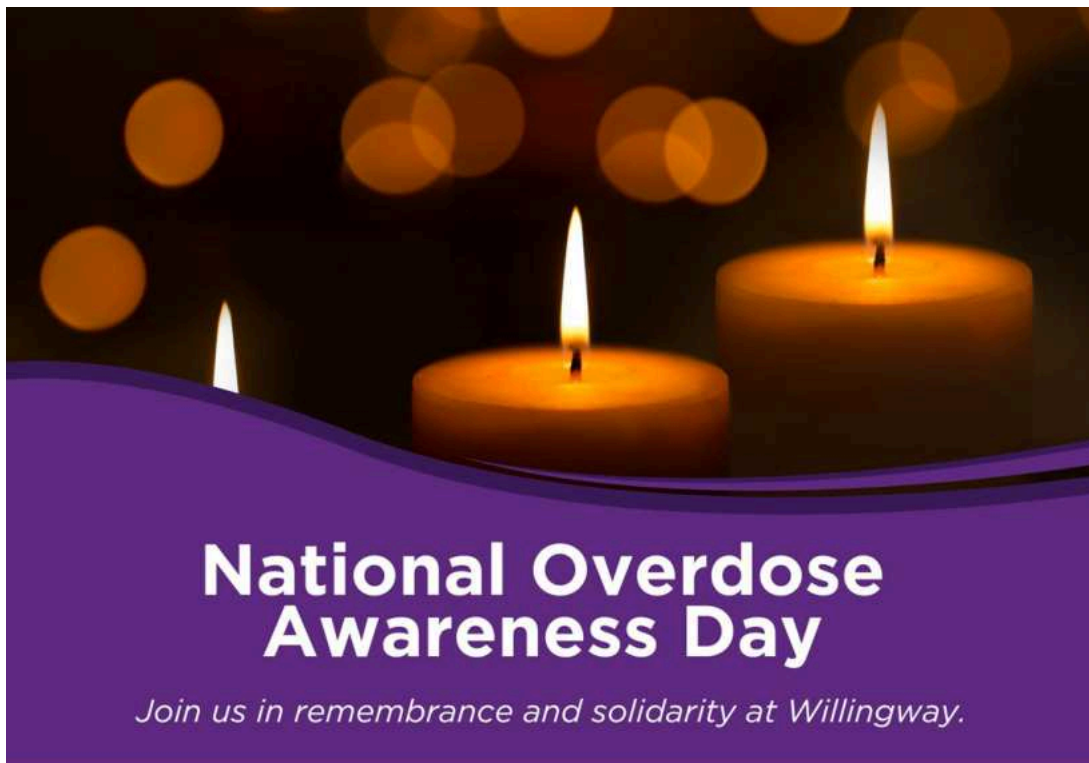
There is a difference between those who tend to be successful in treatment and recovery and those who are not. I’ve come to understand that anything worth having in life takes three things: Work, Stress, and Time. There is also a relationship that I believe exists that indicates the more we say we want something has to be equal to the amount of work, stress, and time we are willing to put into it to achieve it. It is easy to say that when someone enters the doors of treatment, that because they meet the criteria for admission, they clearly need it. But wanting it is a completely different story. Are we willing to do the work necessary to be successful? It requires us to talk about our issues and be an active participant in the treatment process. For those who complete treatment, doing the work means that you are willing to follow through with and aftercare plan and/or be willing to participate in 12-Step programs. Am I willing to deal with the stress? Inevitably, recovery does not come in a straight line. Some obstacles and roadblocks require us to persist in the pursuit of recovery despite the stressors that come up along the way. Am I willing to give time, time? A meaningful and lasting recovery requires patience. I have to be willing to stay sober, no matter what, with the understanding that the longer I refuse the opportunity to drink/drug, the easier sobriety comes.

When we say “There is no traffic jam on the extra mile” in treatment and recovery, we understand that recovery is possible for everyone who enters the doors of treatment. Those who are willing to go the extra mile are the ones most likely to achieve it. What’s encouraging about this statement is that everyone has the capacity to do the work, deal with stress, and give time, time. Everyone has what it takes to put forth the effort required to get sober. If you are new to recovery, keep this in mind. You are possible, no matter what you have done in the past. Many like you have thought that it was impossible for them and have found their way to a life beyond their wildest dreams.

If you have been sober and want to keep it, be the person who is on the extra mile. Continue to do the work of your recovery. Keep your heart into it. If you are struggling, reach out for help. If you are an alum, please consider joining our “Cared For” app. Join one of our many Continuing Care groups- they are free for all Willingway alums and their families. You’ve made the impossible possible while in the throes of addiction; you can make yourself possible in recovery. It’s worth it!

David Gerber, CEO

National Overdose Awareness Day



August 29, 2025 | 7:30 PM

Willingway

311 Jones Mill Rd. Statesboro, GA 30458

Come together in respect to observe Overdose Awareness Day. We will gather for a candlelight vigil, and light refreshments will be provided.

Together, we can raise awareness and support one another. All are welcome.



For more information, contact Dakota Ulmen at:
912-515-7103 or dakota.ulmen@willingway.com

Ways to Give Back!

If you're looking for a way to be of service, look no further! We have just the program for you!

Become a Willingway Alumni Ambassador!

Are you a member of our alumni community with **1+ years of continuous sobriety** and actively working a recovery program? If so, we'd love for you to become a **Willingway Alumni Ambassador!**

This is a meaningful opportunity to give back, support others on their recovery journey, and represent Willingway in a positive light.



What is a Willingway Alumni Ambassador?

A **trusted leader** in our alumni community who:

- Serves as a contact for newer alumni returning home, helping them get connected to local recovery resources
- Stays engaged and supportive through our alumni network

What does a Willingway Alumni Ambassador do?

- **Engages regularly** on the Willingway App (AMBASSADOR will be added to your name)
- **Represents Willingway** in a positive light (through word of mouth, Google reviews, etc.)
- **Visits campus**, when possible, to share their story with current clients
- **Refers individuals** struggling with addiction to Willingway

What's in it for you?

- A **FREE Willingway Ambassador T-shirt!**
- A chance to **support and uplift** the alumni community (you have to give it away to keep it!)
- A way to **enhance your own recovery** through service and 12-Step work
- An **AMBASSADOR badge** next to your name on the app

Interested? Reach out to: *Dakota Ulmen, Alumni Coordinator*
Office: 912-489-7211 Cell: 912-515-7103



HR Highlights

Name: Brandi Shuman

Position: Housekeeper

Start Date: 6/18/2025



How would you summarize what you do?

I keep the facility clean, safe, and sanitary for the patients, employees, and any visitors.

Can you tell us a few details about your favorite part of your job?

I enjoy interacting with patients. I also like being part of a team where everyone, no matter their role, contributes to the same goal: helping people heal.

What is the best advice you would give to someone just starting out at Willingway?

A smile and a kind word can mean more than you realize.

What are the toughest challenges you've had at work?

Even though I don't provide treatment, the toughest part is seeing the patients struggle with the ups and downs of recovery.

What's your secret talent no one knows about?

My secret talent is that I love to crochet. I also like to make t-shirts!

What do you like to do in your own time?

I like to spend time with my kids and my family.

Tell us something about you that we would not normally know?

I live on a farm. I have 39 cows, 30 chickens, and 7 guineas.




August Birthdays:

- Katie R. (Admissions Director) 8/3
- Stephanie L. (Business Development) 8/6
- Cedrick P. (Lead Tech) 8/6
- Kristie H.(Admissions) 8/9
- Alexandria S. (Tech) 8/12
- Jeremy H. (Lodge Tech) 8/13
- Shaniqua S. (LPN) 8/15
- Spencer H. (Discharge Coordinator) 8/17
- Paysha S. (Counselor) 8/18
- Kelly M. (Tech) 8/19
- Beverly M. (Housekeeping) 8/26
- Tracie S. (Clinical Director) 8/30

Alumni Meetings:

373 Savannah Ave. Statesboro, GA 30458

WILLINGWAY ALUMNI MEETING AT THE FORK



**Thursdays @ 6:45pm. Join us for fellowship
and an alumni meeting (located in the fork,
address listed above!)**

Zoom Meeting ID: 815 1227 6359

**For questions text or call
912-515-7103**

Together We Rise



**Weekly alumni Zoom meetings Thursdays
at 7:30am**

Morning Meditation

Meeting ID: 821 5803 9785

Password: Recovery

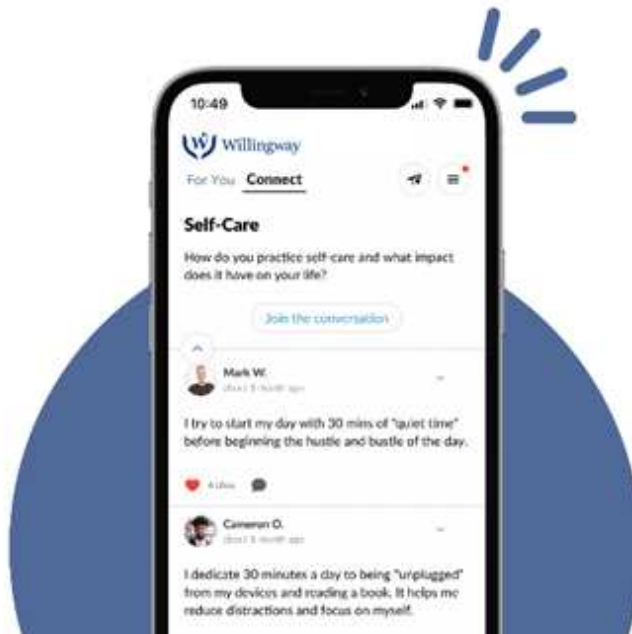


Ready to get started? Scan here >



We're all in this together

Join fellow alumni & staff on the
Willingway Alumni Community app today!





Continuing Care Community Support Groups

Continuing Care provides a supportive and welcoming community to people in recovery from addiction, their family members, and their close friends. It is a safe place to land, to talk about your experiences, and to find ways to become connected to 12-step recovery. Continuing Care support groups are not a substitute for AA, NA, or Al-Anon, but they offer a point of connection designed to give the returning client direction for finding and engaging in local recovery organizations.

St. Simons Group:

Name: Joel Mills
Phone number: 912-617-6385
Email: jvmssi@me.com
Saturday at 6:30pm
The Club House
1501 Demere Road
St Simons Island, GA 31522

Atlanta Group:

Name: Desiree Garrett and
Jocelyn Wallace
Phone number: Desiree (678-231-6777)
Jocelyn (404-747-6482)
Email: Desiree
(desiree.G@neveralonech.org)
Jocelyn (jocelyn@neveralonech.org)

Thursday at 3:00pm
Never Alone Clubhouse
8380 Grady St.
Douglasville, GA 30134
Zoom Meeting ID: 868 1749 3228
Password: 834476

Never Alone Clubhouse
8380 Grady St.
Douglasville, GA 30134
Thursday at 7:00pm
Zoom Meeting ID: 827 6468 4073
Password: 832161

Augusta, GA:

Name: Paula Wood
Phone number: 706-664-9672
Email: pmw_1950@comcast.net
Saturday at 10am
Covenant Presbyterian Church
3131 Walton Way
Augusta, GA 30904
Zoom Meeting ID: 893 8465 3063
Password: 038521

Charleston Group:

Name: Rhett Crull
Phone number: 843-323-7111
Email: crull.rhett@gmail.com
Monday at 6:30pm
Church of the Holy Spirit
299 Seven Farms Rd.
Daniel Island, SC 29492

Raleigh Group:

Name: Charlie Wagner
Phone number: 919-349-6269
Email: mail4youcw@gmail.com
Mondays 7:30pm
St John's Baptist Church
1615A Oberlin Rd.
Raleigh, NC 27608
Zoom Meeting ID: 885 4336 3501
Passcode: Willingway

Macon Group:

Name: Tracy Miller
Phone number: 478-960-4574
Email: tracytmiller58@gmail.com
Monday at 6:30pm
Centenary Church
1290 College St.
Macon, GA 31201
Zoom Meeting ID: 858 8774 8270
Passcode: Recovery

Jacksonville /Jacksonville Beach Group:

Name: John Roberts and Cathy Roberts
Phone number: John (904-463-1246)
Cathy (904-463-5200)
Email: John (jtrinterventions@gmail.com)
Cathy (cmroberts109@gmail.com)
Monday at 6:00pm
Zoom meeting ID: 996 758 129
Password: 1234

Tuesday at 6:00pm
Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, FL 32250
Education/Office Bldg. (north side of campus)
Room 202

*For more information about continuing care,
please contact alumni@willingway.com.*