

 CHANDELIER

FEBRUARY 2026

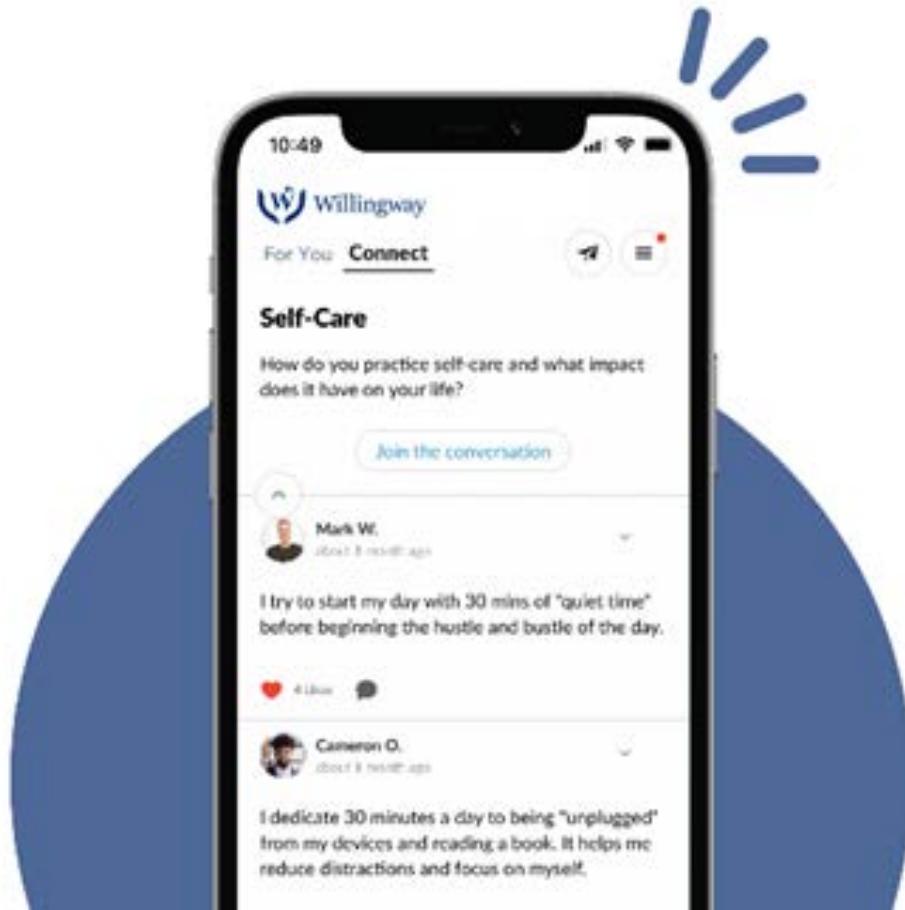
Stay in touch!
Willingway CaredFor app

Ready to get started? Scan here >

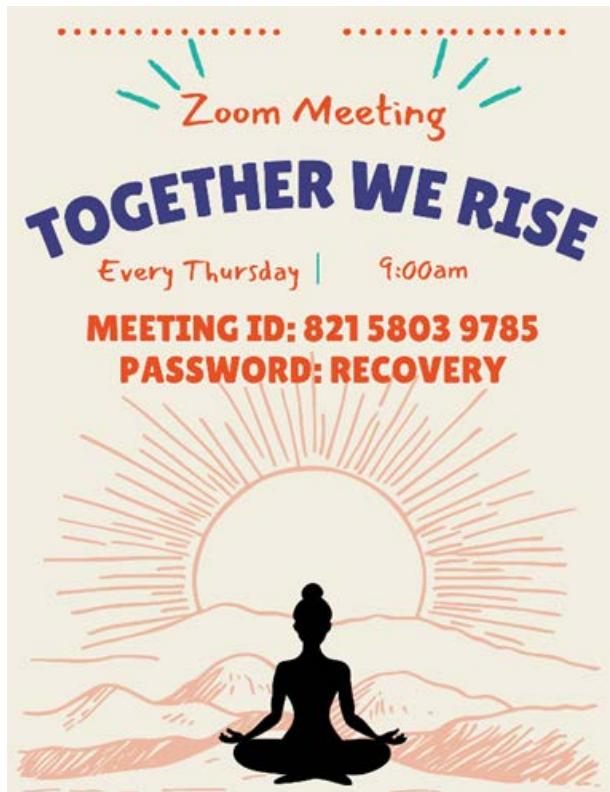
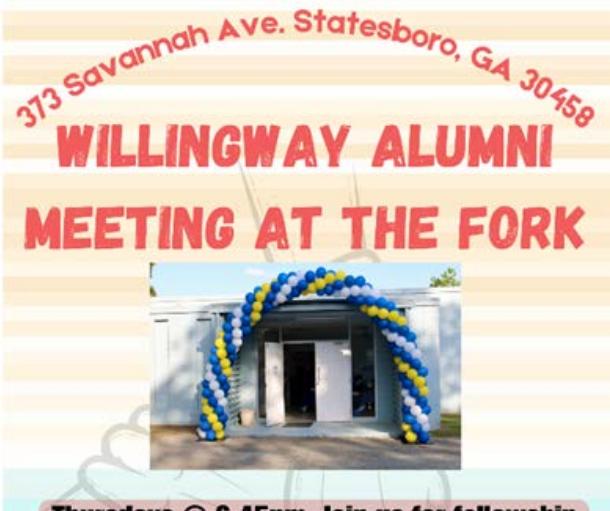


We're all in this together

Join fellow alumni & staff on the
Willingway Alumni Community app today!



Alumni Meetings:



Homecoming 2026 Anchored In Recovery!

RSVP using our Eventbrite link!

<https://www.eventbrite.com/e/1980460016221?aff=oddtdtcreator>



January Alumni Event Recap!

Willingway Alumni take on Sky Zone in Savannah, GA! We tapped into our inner child on Saturday. We had some family members join us for the fun also! (P.S. No one was harmed in the making of these memories!)



Ways to Give Back!

If you're looking for a way to be of service, look no further!
We have just the program for you!

Become a Willingway Alumni Ambassador!

Are you a member of our alumni community with **1+ years of continuous sobriety** and actively working a recovery program? If so, we'd love for you to become a **Willingway Alumni Ambassador!**

This is a meaningful opportunity to give back, support others on their recovery journey, and represent Willingway in a positive light.



What is a Willingway Alumni Ambassador?

A **trusted leader** in our alumni community who:

- Serves as a contact for newer alumni returning home, helping them get connected to local recovery resources
- Stays engaged and supportive through our alumni network

What does a Willingway Alumni Ambassador do?

- **Engages regularly** on the Willingway App (AMBASSADOR will be added to your name)
- **Represents Willingway** in a positive light (through word of mouth, Google reviews, etc.)
- **Visits campus**, when possible, to share their story with current clients
- **Refers individuals** struggling with addiction to Willingway

What's in it for you?

- A **FREE** Willingway Ambassador T-shirt!
- A chance to **support and uplift** the alumni community (you have to give it away to keep it!)
- A way to **enhance your own recovery** through service and 12-Step work
- An **AMBASSADOR badge** next to your name on the app

Interested? Reach out to: Dakota Ulmen, Alumni Coordinator
Office: 912-489-7211 Cell: 912-515-7103



HR Highlights

Name: Chelsea Womble
Position: Counselor (OP)
Start Date: 4/2/2024

How would you summarize what you do?

I'm a counselor in outpatient, where I have the privilege of meeting people where they are during some of the lowest and hardest times of their lives. I focus on building trust, offering support, and helping individuals navigate recovery with compassion and purpose. Every day looks different, but my goal is always to help people feel seen, supported, and capable of change.



Can you tell us a few details about your favorite part of your job?

My favorite part of my job is building meaningful relationships with clients and watching growth unfold over time. Being able to witness resilience, progress, and renewed hope — even in small moments — is incredibly rewarding.

What is the best advice you would give to someone just starting out Willingway?

Give yourself grace and remember that progress isn't linear. Take it one day at a time, one step at a time, and don't underestimate the power of consistency, empathy, and simply showing up.

What are the toughest challenges you've had at work?

One of the toughest challenges is carrying the emotional weight of clients' struggles while knowing you can't fix everything for them. Learning how to balance compassion with healthy boundaries has been both challenging and essential.

What's your secret talent no one knows about?

I've had three kids in the last four years, so I've become very skilled at juggling beautiful chaos while running on little to no sleep — all while still showing up for work. Most days are fueled by coffee, flexibility, and a really good sense of humor.

What do you like to do in your own time?

I enjoy spending time in God's Word and growing in my faith, both personally and as a family. I love spending time with my husband and our three children, whether we're at home, playing outside, or enjoying movie time together. We're active in our church, enjoy Bible study, cheering on Duke and Laker basketball, watching the occasional crime documentary, and I'm rarely without an iced coffee. Family time and our faith are what help me recharge and stay grounded.

Tell us something about you that we would not normally know?

Something y'all may not know is that I got engaged at an NBA game, and every year since, my husband and I have spent our anniversary attending an NBA game. Our love for basketball runs so deep that all three of our children — and even our dog — are named after an NBA or college team or player.



February Birthdays:

- Tashanique S. (Cook) - 2/8
- Amanda K. (RN) - 2/9
- Hilda S. (Housekeeper) - 2/14
- Kandi J. (Tech) - 2/16
- Robert F. (RN) - 2/26

CEO Corner

If Not Now... When?

“I’ll quit Tomorrow.” Words uttered by those with substance use disorders around the world. Now never seems like the right time.

We are seeing massive changes and uncertainty in healthcare that threaten individuals’ ability to get the help they need when they make the decision to get lifesaving help. It highlights the importance of tilting the decision to get help now. Waiting can be deadly. Waiting may put ourselves in a position that may put treatment out of reach for many in desperate need.

For over 50 years, Willingway has been there to answer the call for those struggling with alcohol and drug problems. In that time, there are thousands of men and women who have experienced restoration of inner peace, family reunification and meaningful and purposeful lives. It comes down to making that decision that enough is enough. Countless people have come through our doors when they come to terms with being sick and tired of being sick and tired.

Our compassionate staff understand the struggle. We are here for you. Sobriety is possible.

There are many things that make Willingway different and set us apart from many other programs. It’s not just a private bedroom or pool and gym. It’s not just our long track record of success and high patient satisfaction scores. It’s not even our use of evidence-based practices like our 12-step philosophy, medication assisted therapies or cognitive behavioral therapy.

Willingway utilizes a tool called Trac9. Trac9 individually measures multiple dimensions of functioning from resilience and commitment to significant triggers for relapses such as cravings and negative emotions like depression, stress and anxiety. Trac9 is used in both groups and individual sessions so that treatment is truly tailored to the individual needs. Willingway even uses Trac9 to measure patient satisfaction, and tracks program participants after completing treatment to measure treatment success.

The time to get help is now. There is a saying: "The best time to plant a tree is 30 years ago. The second-best time is today." If not now...when?

If you are in need of help, please call us at (912) 207-7227. If you are an alum and are struggling, we have continuing care groups free of charge in seven different locations in the southeast or reach out to our Alumni Coordinator Dakota Ulmen at: (912) 515-7103. Alums can find help, support and resources on our CaredFor App by going to our Website at Willingway.com.

We at Willingway wish you all peace, serenity and sobriety.

David Gerber, CEO



Continuing Care Community Support Groups

Statesboro Group:
Contact: Catherine Tootle
Phone: 912-764-8283
Email: cmtootle@freedomthroughrecovery.org
When: Wednesdays at 3:00pm
Where: Freedom Through Recovery
226 S. Zetterower Ave.
Statesboro, GA 30458
Zoom Meeting ID: 876 23985668
Password: 203757

St. Simons Group:
Contact: Joel Mills
Phone: 912-617-6385
Email: jvmsi@me.com
When: Saturdays at 6:30pm
Where: The Club House
1501 Demere Road
St Simons Island, GA 31522

Atlanta Group:
Contacts: Desiree Garrett and Jocelyn Wallace
Phone: Desiree 678-231-6777
Jocelyn 404-747-6482
Email: desiree.g@neveralonech.org
jocelyn@neveralonech.org
When: Thursdays at 3pm
Where: Never Alone Clubhouse
8380 Grady St., Douglasville, GA 30134
Zoom Meeting ID: 868 1749 3228
Password: 834476

When: Thursdays at 7pm
Where: Never Alone Clubhouse
8380 Grady St., Douglasville, GA 30134
Zoom Meeting ID: 827 6468 4073
Password: 832161

Augusta, GA Group:
Contact: Paula Wood
Phone: 706-664-9672
When: Saturdays at 10am
Where: Covenant Presbyterian Church
3131 Walton Way, Augusta, GA 30904
Zoom Meeting ID: 893 8465 3063
Password: 038521

Charleston Group:
Contact: Rhett Crull
Phone: 843-323-7111
Email: crull.rhett@gmail.com
When: Mondays at 6:30pm
Where: Church of the Holy Spirit
299 Seven Farms Rd.
Daniel Island, SC 29492

Raleigh Group:
Contact: Charlie Wagner
Phone: 919-349-6269
Email: mail4youcw@gmail.com
When: Mondays 7:30pm
Where: St John's Baptist Church
1615A Oberlin Rd.
Raleigh, NC 27608
Zoom Meeting ID: 885 4336 3501
Passcode: Willingway

Macon Group:
Name: Tracy Miller
Phone: 478-960-4574
Email: tracytmiller58@gmail.com
When: Mondays at 6:30pm
Where: Centenary Church
1290 College St., Macon, GA 31201
Zoom Meeting ID: 858 8774 8270
Passcode: Recovery

Jacksonville/Jacksonville Beach Group:
Contacts: John Roberts and Cathy Roberts
Phone: John 904-463-1246
Cathy 904-463-5200
When: Mondays at 6pm (Zoom)
Zoom meeting ID: 996 758 129
Password: 1234

When: Tuesdays at 6:00pm
Palms Presbyterian Church
Where: Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, FL 32250
Education/Office Bldg. (north side of campus)
Room 202

For more information about continuing care, please contact alumni@willingway.com.