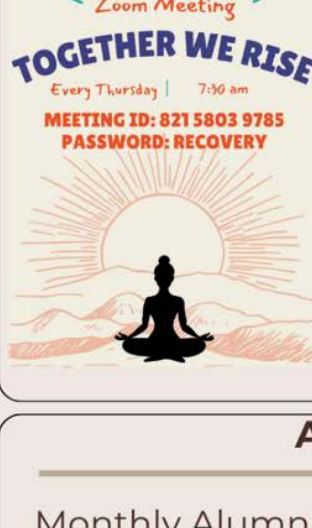






WILLINGWAY ALUMNI PROGRAM

WEEKLY ALUMNI MEETINGS




OVERVIEW

Our Alumni Program keeps you connected and supported through our alumni app, monthly events, regular check-ins, and both virtual Zoom and in-person meetings—helping you stay engaged, build relationships, and continue growing.

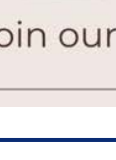
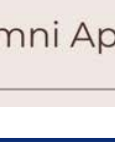
ALUMNI GROUP RESOURCES

Monthly Alumni Events



Meet Your Alumni Coordinator!

Dakota Ulmen
Cell # 912-515-7103

Join our Alumni App!



July Alumni Event Recap!

What better way to end the summer than with a day at the beach? We had a great time at Tybee! The waves definitely got the last laugh though!



Ways to Give Back!

If you're looking for a way to be of service, look no further! We have just the program for you!

Become a Willingway Alumni Ambassador!

Are you a member of our alumni community with **1+ years of continuous sobriety** and actively working a recovery program? If so, we'd love for you to become a **Willingway Alumni Ambassador!**

This is a meaningful opportunity to give back, support others on their recovery journey, and represent Willingway in a positive light.



What is a Willingway Alumni Ambassador?

A **trusted leader** in our alumni community who:

- Serves as a contact for newer alumni returning home, helping them get connected to local recovery resources
- Stays engaged and supportive through our alumni network

What does a Willingway Alumni Ambassador do?

- Engages regularly on the Willingway App (AMBASSADOR will be added to your name)
- Represents Willingway in a positive light (through word of mouth, Google reviews, etc.)
- Visits campus, when possible, to share their story with current clients
- Refers individuals struggling with addiction to Willingway

What's in it for you?

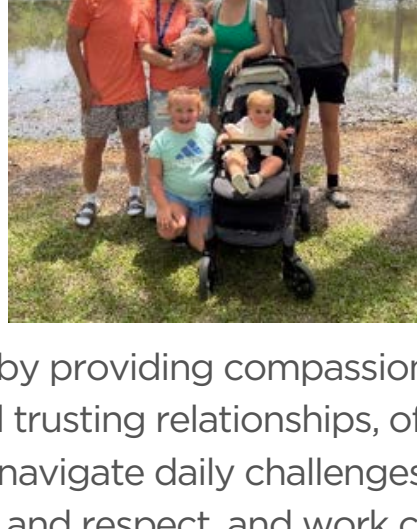
- A **FREE Willingway Ambassador T-shirt!**
- A chance to **support and uplift** the alumni community (you have to give it away to keep it!)
- A way to **enhance your own recovery** through service and 12-Step work
- An **AMBASSADOR badge** next to your name on the app

Interested? Reach out to: Dakota Ulmen, Alumni Coordinator
Office: 912-489-7211 Cell: 912-515-7103



HR Highlights

Name: Kelly McCall
Position: BHA
Start Date: 8/12/2024



How would you summarize what you do?

I walk alongside individuals on their recovery journey by providing compassionate support in a safe and structured treatment environment. I build trusting relationships, offer encouragement during difficult moments, help clients navigate daily challenges, facilitate therapeutic activities, de-escalate crises with empathy and respect, and work closely with the treatment team to promote hope, healing, and lasting recovery.

Can you tell us a few details about your favorite part of your job?

My favorite part of my job is watching people rediscover hope and confidence in themselves. Seeing clients make progress in their recovery, celebrate accomplishments, and realize they're capable of building a better future makes the work incredibly rewarding. Knowing I can offer support during one of the most challenging times in someone's life is what I love most.

What is the best advice you would give to someone just starting out Willingway?

Don't let your past define YOU!! Healing takes time, but every small step forward matters. Stay willing, ask for help when you need it, and NEVER give up on yourself...change is possible, even when it doesn't feel like it.

What are the toughest challenges you've had at work?

One of the toughest challenges is helping clients through moments of crisis. When emotions are high, someone wants to leave treatment, or they're struggling to trust the process. Staying calm, setting healthy boundaries, and showing compassion while keeping everyone safe can be difficult, but it's also one of the most meaningful parts of the job.

What's your secret talent no one knows about?

IT'S A SECRET FOR A REASON!! 😊

What do you like to do in your own time?

In my free time, I love spending time with my family, especially my kids and grandbabies. I enjoy making memories with the people I love, celebrating life's milestones, and sharing moments of gratitude. I also like relaxing with music, movies, and/or friends.

Tell us something about you that we would not normally know?

I love traveling and have visited most of the U.S. I'm also a dreamer who enjoys chasing big goals.

August Birthdays:

- Cedrick P. (Milieu Coordinator)- 8/6
- Alex S. (BHA)- 8/12
- Emily D. (BD Rep)- 8/15
- Shaniqua S. (LPN)- 8/15
- Kelly M. (BHA)-8/19
- Tracie S. (Clinical Director)- 8/30



CEO Corner By David Gerber

Staying Sober Over the Summer

We associate the summer with beaches, barbeques and family vacations. For those engaged in the lifestyle of use, it is often a time when substance use becomes noticeably out of control. For those new to recovery, there is often a link between summertime fun with substance use, and these “good times” can also serve as a relapse trigger. We may reminisce about the good old days and be tempted to test the waters and try to have just one. All too often this is linked to disaster.

If this sounds familiar to you, this is the time to sure up our relationships with sober supports-whether it's a sponsor in 12-step programs or other outlets the more time, effort and energy we are putting into our recovery, the more we can quiet urges, cravings and temptations to use. Your summer will be much more enjoyable if you stick to a program of recovery.

If you are struggling, Willingway continues to provide help and support. Connect with our Willingway CaredFor App and you can instantly be connected to our vast alumni network. You can attend one of our many Continuing Care groups around the southeast. Or you can call our Alumni Coordinator Dakota Ulmen who has been a source of support to hundreds of people after discharge.

Every decision we make in recovery moves us either further down the path or recovery or closer to our next drink or drug. We hope you enjoy a sober summer.

David



Continuing Care Community Support Groups

- #### Statesboro Group:

Contact: Catherine Tootle
Phone: 912-764-8283
Email: cmtootle@freedomthroughrecovery.org
When: Wednesdays at 3 PM
Where: Freedom Through Recovery
226 S. Zetterower Ave.
Statesboro, GA 30458
Zoom Meeting ID: 876-2398-5668
Password: 203757
- #### St. Simons Group:

Contact: Joel Mills
Phone: 912-617-6385
Email: jvmssi@me.com
When: Saturdays at 6:30 PM
Where: The Club House
1501 Demere Road
St. Simons Island, GA 31522
- #### Atlanta Group:

Contact: Candi Florence and Jocelyn Wallace
Phone: 404-747-6482
Email: jocelyn@neveralonech.org

When: Thursdays at 3 PM
Where: Never Alone Clubhouse
8380 Grady St., Douglasville, GA 30134
Zoom Meeting ID: 868 1749 3228
Password: 834476
- #### When:

Thursdays at 7 PM
Where: Never Alone Clubhouse
8380 Grady St., Douglasville, GA 30134
Zoom Meeting ID: 827 6468 4073
Password: 832161
- #### Augusta, GA Group:

Contact: Paula Wood
Phone: 706-664-9672
When: Saturdays at 10 AM
Where: Covenant Presbyterian Church
3131 Walton Way, Augusta, GA 30904
Zoom Meeting ID: 893 8465 3063
Password: 038521

- #### Charleston Group:

Contact: Rhett Crull
Phone: 843-323-7111
Email: crull.rhett@gmail.com
When: Mondays at 6:30 PM
Where: Church of the Holy Spirit
299 Seven Farms Rd.
Daniel Island, SC 29492
- #### Raleigh Group:

Contact: Charlie Wagner
Phone: 919-349-6269
Email: mail4youcw@gmail.com
When: Mondays 7:30 PM
Where: St John's Baptist Church
1615A Oberlin Rd.
Raleigh, NC 27608
Zoom Meeting ID: 885 4336 3501
Passcode: Willingway

- #### Macon Group:

Contact: Tracy Miller
Phone: 478-960-6274
Email: tracytmiller58@gmail.com
When: Mondays at 6:30 PM
Where: Centenary Church
1290 College St., Macon, GA 31201
Zoom Meeting ID: 858 8774 8270
Passcode: Recovery
- #### Jacksonville/Jacksonville Beach Group:

Contacts: John Roberts and Cathy Roberts
Phone: John 904-463-1246
Phone: 904-463-5200
Email: jtrinterventions@gmail.com
Cathy: cmroberts109@gmail.com
When: Mondays at 6 PM
Zoom meeting ID: 996 758 129
Password: 1234

When: Tuesdays at 6:00 PM
Where: Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, FL 32250
Education/Office Bldg. (north side of campus)
Room 202

For more information about continuing care, please contact alumni@willingway.com.



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