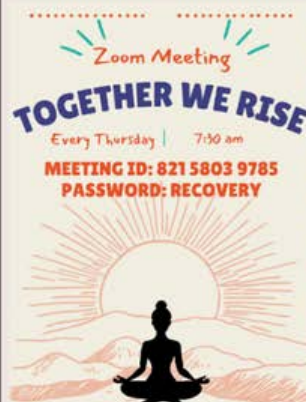




# WILLINGWAY ALUMNI PROGRAM

## WEEKLY ALUMNI MEETINGS



## OVERVIEW

Our Alumni Program keeps you connected and supported through our alumni app, monthly events, regular check-ins, and both virtual Zoom and in-person meetings—helping you stay engaged, build relationships, and continue growing.

## ALUMNI GROUP RESOURCES

### Monthly Alumni Events



### Meet Your Alumni Coordinator!

Dakota Ulmen  
Cell # 912-515-7103



Join our Alumni App!



## August Alumni Event Recap!

Our recent Alumni Bowling Event was a strike! We had **14 alumni, staff, and supporters** come together for a fun evening of connection, laughter, and recovery fellowship. Events like these are a great reminder that recovery is more than staying sober, it's about building community and creating memories together!



## Ways to Give Back!

If you're looking for a way to be of service, look no further! We have just the program for you!

### Become a Willingway Alumni Ambassador!

Are you a member of our alumni community with **1+ years of continuous sobriety** and actively working a recovery program? If so, we'd love for you to become a **Willingway Alumni Ambassador!**

This is a meaningful opportunity to give back, support others on their recovery journey, and represent Willingway in a positive light.



#### What is a Willingway Alumni Ambassador?

A **trusted leader** in our alumni community who:

- Serves as a contact for newer alumni returning home, helping them get connected to local recovery resources
- Stays engaged and supportive through our alumni network

#### What does a Willingway Alumni Ambassador do?

- **Engages regularly** on the Willingway App (AMBASSADOR will be added to your name)
- **Represents Willingway** in a positive light (through word of mouth, Google reviews, etc.)
- **Visits campus**, when possible, to share their story with current clients
- **Refers individuals** struggling with addiction to Willingway

#### What's in it for you?

- A **FREE Willingway Ambassador T-shirt!**
- A chance to **support and uplift** the alumni community (you have to give it away to keep it!)
- A way to **enhance your own recovery** through service and 12-Step work
- An **AMBASSADOR badge** next to your name on the app

**Interested?** Reach out to: Dakota Ulmen, Alumni Coordinator  
Office: 912-489-7211 Cell: 912-515-7103



## Volunteer Opportunity:

# FROM RECOVERY TO IMPACT

We're looking for alumni with at least 1 year of continuous sobriety who are ready to give back and share their experience, strength, and hope with others on their recovery journey. 💙

If you're willing to speak with our clients on a Sunday evening, we'd love to hear from you!

📞 Reach out to Dakota at 912-515-7103 if you're interested in being part of this opportunity to make a difference.

Your story could be exactly what someone needs to hear.



# HR Highlights

**Name:** Megan Paul

**Position:** Counselor

**Start Date:** 10/7/2022



## **How would you summarize what you do?**

I have the honor of being able to help people in early recovery find hope that a sober life is possible for them.

## **Can you tell us a few details about your favorite part of your job?**

My favorite part of my job is getting to watch someone I'm counseling start to come back to life, watch the lights come on when they get a flicker of hope, it's truly one of the coolest things to experience.

## **What is the best advice you would give to someone just starting out Willingway?**

If you are working here as a person in recovery don't make this job your whole life. It is important for me to continue to work my own program in AA and not think that just because I spent all day talking about recovery, I don't need to work a program outside of work...I need to work a program even more because I work here!

## **What are the toughest challenges you've had at work?**

Watching someone give up on themselves and let the disease win.

## **What's your secret talent no one knows about?**

I'm a pretty good cook!

## **What do you like to do in your own time?**

Anyone who knows me knows I love running, it's how I start my day off right and connect with my higher power. I also enjoy hanging out with friends and trying new restaurants!

## **Tell us something about you that we would not normally know?**

When I came through Willingway I had no hope that sobriety was possible for me, I came here to get my family off my back and get a break from the lifestyle...what I have found is a freedom I couldn't even conceive of when I first got here.



## **September Birthdays:**

- Tonya H. (BHA Lead) - 9/3
- Ozella S. (RN) - 9/14
- Alexander M. (BD Rep) - 9/18
- Robert B. (Medical Director) - 9/21
- Michelle K. (BHA) - 9/27

## CEO Corner By David Gerber

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September is National Recovery Month. It comes on the heels of International Overdose Awareness Day, August 31st. In August, we take time to remember those we've lost to addiction. We memorialize lives taken by the scourge of addiction and it serves as a reminder that no matter your substance of choice, it is deadly, and when someone dies from alcohol and/or drug use it is not just the loss of an individual, but the rippling effects bring profound sadness to family, friends and communities.

Yet in September, we turn the page and focus on recovery. We are reminded that addiction is treatable and offers a life beyond your wildest dreams, one day at a time. Here in Statesboro, Willingway is partnering with Georgia Southern all month long to celebrate the history of recovery in Statesboro, and Willingway will play a significant role in a celebration and display in the Georgia Southern library. If you are local, and/or planning a trip, I'd encourage you to stop by the library and check out our history. See the story of the Mooney's and their pivotal role in bringing treatment to our community. It serves as a reminder as to how so many individuals, from diverse backgrounds have sought refuge at Willingway, and as a result were reborn in a new and fulfilling life.

We are proud of our 50 plus years of dedicated service to those who have shown up at Willingway's doors at their worst time in life. We are humbled that there are thousands of stories of restoration that Willingway has been able to play a role in.

Willingway is woven into the Statesboro community. Do you stay connected to Willingway in recovery? We check out the rest of this of the Chandelier to see ways in which you can stay connected, get support and share joys you are experiencing in recovery. One final way you can celebrate National Recovery Month is by taking a moment to go on Google and leaving Willingway a review. In doing so, you might be able to provide hope and support to someone in the throes of addiction make life changing decisions by coming to Willingway. You are worth celebrating. Happy Recovery month to you and your families.

**David**

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## Continuing Care Community Support Groups

### Statesboro Group:

**Contact:** Catherine Tootle  
**Phone:** 912-764-8283  
**Email:** cmtootle@freedomthroughrecovery.org  
**When:** Wednesdays at 3 PM  
**Where:** Freedom Through Recovery  
226 S. Zetterower Ave.  
Statesboro, GA 30458  
**Zoom Meeting ID:** 876-2398-5668  
**Password:** 203757

### St. Simons Group:

**Contact:** Joel Mills  
**Phone:** 912-617-6385  
**Email:** jvmssi@me.com  
**When:** Saturdays at 6:30 PM  
**Where:** The Club House  
1501 Demere Road  
St. Simons Island, GA 31522

### Atlanta Group:

**Contact:** Candi Florence and  
Jocelyn Wallace  
**Phone:** Jocelyn 404-747-6482  
**Email:** jocelyn@neveralonech.org

**When:** Thursdays at 3 PM  
**Where:** Never Alone Clubhouse  
8380 Grady St., Douglasville, GA 30134  
**Zoom Meeting ID:** 868 1749 3228  
**Password:** 834476

**When:** Thursdays at 7 PM  
**Where:** Never Alone Clubhouse  
8380 Grady St., Douglasville, GA 30134  
**Zoom Meeting ID:** 827 6468 4073  
**Password:** 832161

### Augusta, GA Group:

**Contact:** Paula Wood  
**Phone:** 706-664-9672  
**When:** Saturdays at 10 AM  
**Where:** Covenant Presbyterian Church  
3131 Walton Way, Augusta, GA 30904  
**Zoom Meeting ID:** 893 8465 3063  
**Password:** 038521

### Charleston Group:

**Contact:** Rhett Crull  
**Phone:** 843-323-7111  
**Email:** crull.rhett@gmail.com  
**When:** Mondays at 6:30 PM  
**Where:** Church of the Holy Spirit  
299 Seven Farms Rd.  
Daniel Island, SC 29492

### Raleigh Group:

**Contact:** Charlie Wagner  
**Phone:** 919-349-6269  
**Email:** mail4youcw@gmail.com  
**When:** Mondays 7:30 PM  
**Where:** St John's Baptist Church  
1615A Oberlin Rd.  
Raleigh, NC 27608  
**Zoom Meeting ID:** 885 4336 3501  
**Passcode:** Willingway

### Macon Group:

**Contact:** Tracy Miller  
**Phone:** 478-960-4574  
**Email:** tracytmiller58@gmail.com  
**When:** Mondays at 6:30 PM  
**Where:** Centenary Church  
1290 College St., Macon, GA 31201  
**Zoom Meeting ID:** 858 8774 8270  
**Passcode:** Recovery

### Jacksonville/Jacksonville Beach Group:

**Contacts:** John Roberts and Cathy Roberts  
**Phone:** John 904-463-1246  
Cathy 904-463-5200  
**Email:** jtrinterventions@gmail.com  
Cathy: cmroberts109@gmail.com  
**When:** Mondays at 6 PM  
**Zoom meeting ID:** 996 758 129  
**Password:** 1234

**When:** Tuesdays at 6:00 PM  
**Where:** Palms Presbyterian Church  
3410 Third Street South  
Jacksonville Beach, FL 32250  
Education/Office Bldg. (north side of campus)  
Room 202

*For more information about  
continuing care, please contact  
alumni@willingway.com.*



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